



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BEHAVIOR CONSULTATION

YMCA Childcare Resource Service

We value connection. We aim for our services to meet the needs of the child, family and childcare providers. We support families and childcare providers to share knowledge and build up their skills in child development. Our goal is to help change challenging behaviors. We believe that families and providers know the children in their care best. We are here to support caregivers in building on the skills and strengths they already have. We spend time listening to understand the needs. We think with families and providers about ideas for how to help. We use a consultation model for understanding and supporting children’s growth and development.

WHO WE WORK WITH:



FAMILIES



EARLY CARE & EDUCATION PROVIDERS

BENEFITS:



Child

- Increased ability to develop positive peer relationships
- Growth in ability to share and control feelings
- Improved self-esteem
- Decreased challenging behaviors



Family

- Increased knowledge of child development
- Enhanced skills for positive parenting practices
- Improved parent-child relationship
- Increased partnership between family and teaching team



Teacher

- Positive teacher-child relationships
- Decreased workplace stress
- Improved classroom climate
- Promotion of skills, quality, and outcomes

KEY COMPONENTS

Gather Information



Create Shared Goals



Partner around Getting Started



Put Plan Into Action





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Frequently Asked Questions:

- **WHAT AGES DO YOU WORK WITH?**

Our services are for children from birth to 8 years old. If you have concerns about a child outside of this age range, our staff is happy to connect you to other services.

- **WHAT IS THE COST FOR THESE SERVICES?**

Our consultation services are free of cost thanks to our current grant funding.

- **HOW LONG DO SERVICES LAST?**

The length of services are different for every family and program. Our staff will work with you to schedule around your needs.

- **ARE SERVICES ONLY FOR CHILD RELATED CONCERNS?**

We offer our services for both individual children concerns and program needs. When offering services for a child, we do require the consent of the family. When working with programs, our focus is to support you and your staff. Program services may include tips for staff wellness, updating policies, or trainings for your team. If you would like to talk to a consultant about where to start, contact crsbehaviorsupport@ymcasd.org.

Not sure if you are ready for this, but still want to connect with someone on your concerns. Give us a call 1-619-521-3055 or email us at crsbehaviorsupport@ymcasd.org

[CLICK TO VISIT OUR WEBSITE
& FILL OUT A REQUEST FORM](#)



OUR MISSION: The YMCA of San Diego County is dedicated to improving the quality of human life and to helping all people realize their fullest potential as children of God through the development of the spirit, mind and body.

